

Virtual Runner

5K RUN FOR EXCELLENCE

October 17, 2009

8:30 a.m.

Raytown High School



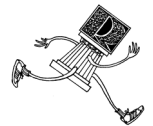
Virtual Runner

Do you have other plans on October 17?

Would you prefer sleeping, going to your kids' soccer game, shopping, cleaning the garage, or reading the paper rather than getting up early to run or walk?

*You can do **virtually** anything else you want and still support the
RUN FOR EXCELLENCE!!!*

You can have the best of both worlds!



This level of participation accommodates your busy schedule.

Virtual Runner Race participants will receive a t-shirt and will be assigned a "parallel runner". You will place as he or she places.

As you fill out your **Race Entry Form**:

- Please make sure to include your email address on the registration form.
- Please indicate your building, if you are Raytown C-2 staff member.
- Please know that you can pick up your race packet including your t-shirt and goodies at the following places and times:
 - October 16: 3:30 p.m. - 6:00 p.m. at Raytown Central Middle (Formerly Raytown Education Center)
 - October 17: 7:00 a.m. - 8:30 a.m. at Chittwood Stadium on Race Day

